

W  
WALDORF ASTORIA®  
Spa



Treatments



## CONTENTS

Welcome – A Customized Experience

Facial Therapies

Local Ingredients

Body Therapies

Massage Therapies

Hand & Foot Therapies

Inspirational Environment

Salon Services

Spa Information

Authentic Moments

## A CUSTOMIZED EXPERIENCE

At the Waldorf Astoria® Spa, luxurious therapies, soothing environments, and our unique client-centric approach to well-being all unify to create an elevated state of rejuvenation and renewal. Here, individual treatments become a completely customized experience, in which your personal skin qualities and aesthetic expectations are the sole objective of the session.

Following a holistic analysis of your unique characteristics and concerns, your therapist will tailor each session for results that achieve a desired balance of physical and emotional revitalization. With world renowned treatments designed for beautification of the face, hair, and body, the Waldorf Astoria Spa will transform your visit into a luxurious and personal escape.





## FACIAL THERAPIES

### GOLD MINERAL FACIAL 80mins

For an instant lift, this facial employs rose quartz massage, Hungarian Moor Mud, and colloidal gold to lift and brighten.

### ILLUMINATING MINERAL FACIAL 50mins

Using products enriched with minerals from the healing waters of Budapest, skin is left plumped and brighter.

### HYDRAFACIAL® 50mins

This results-oriented, machine-assisted facial uses breakthrough aesthetic technology to remove dead skin, impurities and gives skin immediate new life.

### DELUXE VITAL YOUTH GLOW 80mins

A powerful blend of Vortex vacuum technology, growth factors, peptides, and anti-oxidants regenerate and firm skin, brightening and evening tone.

### REGENERATIVE JADE FACIAL 50mins

A unique blend of precious jade stone massage, growth factors, antioxidants, anti-inflammatory agents and protein peptides gives your skin an instant boost.

### GENTLEMEN'S REFINERY FACIAL 50mins

A specially designed deep cleansing, balancing, and purifying facial.

### SKIN INDULGENCE FACIAL 50mins

Customized to your personal needs. Treatments for dehydrated, sensitive or teenage skin.

### EYE & LIP TREATMENT

This targeted treatment can be added to any facial service.

### MINI FACE LIFT ENHANCEMENT

Using micro-current technology, this tightening treatment can be added to any facial service.



## LOCAL INGREDIENTS

What makes each Waldorf Astoria Spa truly unique is the way that we introduce local ingredients to your Spa experience – fruits, plant and minerals – many with a traditional history of soothing or healing properties to refresh and rejuvenate.

For thousands of years, aesthetically inclined societies have sought the powerful antioxidants and antibacterial properties of raw honey to promote anti-aging and a beautiful complexion. Here at the Waldorf Astoria Spa, Orlando, the moisturizing wonders of locally crafted honey are infused into our unique skin treatments, products, and personalized therapies to give you the look of natural radiance and healthy glow.



## BODY THERAPIES

**HUNGARIAN BODY WRAP** 80mins  
Let your body soak up the mineral-rich Hungarian Moor Mud in this scrub and wrap treatment.

**GOLDEN BODY TREATMENT** 50mins  
A sugar scrub followed by a fragrant oil application enriched with gold to repair and strengthen the skin.

**HONEY CALENDULA BODY BUFF & WRAP** 80mins  
Enjoy an application of sweet honey scrub followed by a hydrating Tupelo honey body mask to brighten the skin. Finish with an application of moisturizing honey shea butter cream.

**ROSE HYDRATOR** 50 mins  
Using rose to improve circulation, this treatment combines a scrub and wrap for the ultimate in healing and hydration.

**SENSORY REVIVAL HYDROTHERAPY** 20mins  
The ultimate in bathing rituals, this water treatment massages the whole body in a specially designed hydro-tub. Swimsuits are highly recommended.

## MASSAGE THERAPIES

**SILK STONE CARESS** 50mins/80mins  
Massage using hot stones to promote relaxation and improve circulation.

**COUPLES MASSAGE** 50mins/80mins  
Share in the bliss of a personalized couples massage experience.

**ULTIMATE AROMATHERAPY MASSAGE** 50mins/80mins  
A choreographed specialty massage incorporates a personalized aromatherapy selection with specific massage techniques.

**HONEY BUTTER MASSAGE** 50mins/80mins  
Luxurious shea butter blended with honey is used in this relaxing service to hydrate, protect, and heal the skin.

**PRENATAL MASSAGE** 50mins/80mins  
Designed for mothers in their 2nd & 3rd trimesters, this massage focuses on alleviating discomfort experienced during pregnancy.

**CUSTOMIZED MASSAGE** 50mins/80mins  
Enjoy a massage tailored to your needs.

**REFLEXOLOGY** 50mins  
Using specific pressure points on the foot; this massage relieves pain and improves circulation.

## HAND & FOOT THERAPIES

**EXPRESS MANICURE OR PEDICURE** 25mins  
This express service is perfect for those on a tight schedule. It includes cuticle treatment, lotion application, shape of the nail and polish application.

**QUEEN BEE: TUPELO HONEY PEDICURE** 50mins  
Enjoy the benefits of Tupelo honey in this relaxing pedicure which includes soak, cuticle treatment, honey scrub, callus removal, honey mask and massage using honey butter. Finish with a polish application in your perfect shade.

**GENTLEMEN'S REFINERY PEDICURE** 50mins  
This pedicure, made especially for men, includes a cuticle treatment, callus removal, scrub, mask and massage.

**HONEY, I LOVE YOUR HANDS** 50mins  
Experience the ultimate in pampering your hands with a soak, cuticle treatment, honey scrub, honey mask and massage using honey butter. Finish with an application of polish in your perfect shade.



## INSPIRATIONAL ENVIRONMENT

At the Waldorf Astoria Orlando the natural beauty and sophisticated serenity of the surrounding environments promote inspiration and well-being throughout the hotel. Nestled within a stunning 482-acre nature preserve, the hotel envelops you with luxurious appointments and stylish amenities, creating a refreshing oasis of rejuvenation.

## SALON SERVICES

### DEAD SEA MINERAL MUD HAIR & SCALP TREATMENT

Using mineral-rich mud from the Dead Sea, this treatment softens and restores brilliance while repairing damaged hair.

### ADDITIONAL HAIR SERVICES:

- Men's Haircut
- Women's Haircut – Short
- Women's Haircut – Long
- Shampoo & Blow Dry – Short
- Shampoo & Blow Dry – Long
- Special Occasion Style
- Color
- Full Highlights
- Partial Highlights
- Keratin Treatment

### MAKEUP APPLICATION

Allow our expert hands to achieve the look you desire for any occasion.

50mins

### MAKEUP TOUCH-UP

25mins

### BRIDAL MAKEUP CONSULTATION

### BRIDAL MAKEUP APPLICATION

50mins

## SPA INFORMATION

### HOURS

The Spa is open daily from 9:00am-9:00pm.

### GIFT CERTIFICATES

Give an unparalleled experience that will be treasured forever. Our gift certificates offer the gift of relaxation, radiance and a luxurious sensorial experience. Select from a vast variety of spa treatments, packages and spa products, or customize a spa gift with your personal treatment selection. Available for purchase online at [WaldorfAstoriaOrlando.com/gift-cards](http://WaldorfAstoriaOrlando.com/gift-cards).

### SPA FACILITIES

Our Spa features full ladies' and gentlemen's lounges complete with locker area, plush robes, comfortable slippers, rainfall showers, Jacuzzi®, eucalyptus steam room, experiential shower and tea lounge. Use of the facilities is complimentary with any scheduled treatment.

### ARRIVAL POLICY

We kindly request you check in a minimum of 15 minutes prior to the start of your first scheduled treatment. Our treatments begin promptly as scheduled. Where possible, we will accommodate late arrivals. However, if we are unable to accommodate a late arrival, your treatment time may be shortened at the full service price.

### GROUP BOOKINGS & EVENTS

The Waldorf Astoria Spa is the perfect setting to host groups and special events. Please contact us directly for further details.

### CANCELLATION POLICY

To change or cancel your appointment, please provide 6 hours' notice to avoid incurring the full therapy charge or voiding gift certificates.

### SPA PACKAGES

Customized spa packages are available upon request.

### VALET PARKING

Spa guests not staying on the hotel property receive complimentary valet parking on the day of their service. Please advise reservations at the time of booking.

### SERVICE CHARGE

A 20% service charge will be added to all services for your convenience.



## AUTHENTIC MOMENTS

The Waldorf Astoria Spa provides authentic moments of personalized transformation created through a balance of luxurious treatments and customized service. We modify our therapies to enhance your unique skin tones, providing you with a more rewarding and individualized experience.





WALDORF  
ASTORIA®  
ORLANDO

Spa Reservations: 407.597.5360  
[WaldorfAstoriaOrlando.com/Spa](http://WaldorfAstoriaOrlando.com/Spa)



Open Daily: 9:00 am - 9:00 pm  
Spa Reservations: 407.597.5360  
[WaldorfAstoriaOrlando.com/Spa](http://WaldorfAstoriaOrlando.com/Spa)

14200 Bonnet Creek Resort Lane  
Orlando, Florida 32821 USA

## FACIAL THERAPIES

Gold Mineral Facial	80 mins	\$225
Illuminating Mineral Facial	50 mins	\$160
Hydrafacial®	50 mins	\$225
Deluxe Vital Youth Glow	80 mins	\$355
Regenerative Jade Facial	50 mins	\$215
Gentlemen's Refinery Facial	50 mins	\$155
Skin Indulgence Facial	50 mins	\$155
Eye & Lip Treatment		\$30
Mini Face Lift Enhancement		\$75

## BODY THERAPIES

Hungarian Body Wrap	80 mins	\$225
Golden Body Treatment	50 mins	\$155
Honey Calendula Body Buff & Wrap	80 mins	\$225
Rose Hydrator	50 mins	\$165
Sensory Revival Hydrotherapy	20 mins	\$75

*A 20% service charge will be added to all services for your convenience.*

## MASSAGE THERAPIES

Silkstone Caress	50 mins/80 mins	\$160/\$240
Couples Massage	50 mins/80 mins	\$310/\$450
Ultimate Aromatherapy Massage	50 mins/80 mins	\$160/\$240
Honey Butter Massage	50 mins/80 mins	\$180/\$260
Prenatal Massage	50 mins/80 mins	\$155/\$225
Customized Massage	50 mins/80 mins	\$155/\$225
Reflexology	50 mins	\$155

## HAND & FOOT THERAPIES

Express Manicure or Pedicure	25 mins	\$45
Queen Bee: Tupelo Honey Pedicure	50 mins	\$90
Gentlemen's Refinery Pedicure	50 mins	\$90
Honey, I Love Your Hands	50 mins	\$90

## SALON SERVICES

Deep Sea Mineral Mud Hair & Scalp Treatment		\$155
Additional Hair Services:		
• Men's Haircut		\$45
• Women's Haircut – Short		\$90
• Women's Haircut – Long		\$120
• Shampoo & Blow Dry – Short		\$65
• Shampoo & Blow Dry – Long		\$75
• Special Occasion Style		\$120
• Color		\$110
• Full Highlights		\$175
• Partial Highlights		\$130
• Keratin Treatment		Pricing per consultation
Makeup Application	50 mins	\$130
Makeup Touch-Up	25 mins	\$65
Bridal Makeup Consultation		\$90
Bridal Makeup Application	50 mins	\$145

*A 20% service charge will be added to all services for your convenience.*