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WALDORF ASTORIA®
Spa



Treatments



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A CUSTOMIZED EXPERIENCE

At the Waldorf Astoria® Spa, luxurious therapies, soothing environments, and our unique guest-centric approach to well-being all unify to create an elevated state of rejuvenation and renewal. Here, individual treatments become a completely customized experience in which your personal skin qualities and aesthetic expectations are the sole objective of the session.

Following a holistic analysis of your unique characteristics and concerns, your therapist will tailor each session for results that achieve a desired balance of physical and emotional revitalization. With world renowned treatments designed for beautification of the face, hair, and body, the Waldorf Astoria Spa will transform your visit into a luxurious and personal escape.





INSPIRATIONAL ENVIRONMENT

Within steps of the lobby of the luxurious Waldorf Astoria Orlando hotel is a haven of tranquility and wellness. Waldorf Astoria Spa features customized treatments and provides a relaxing and rejuvenating respite from the day's excitement. The full-service spa offers 22 luxuriously appointed treatment rooms in 24,000-square-feet of space which includes a tea lounge, separate men's and woman's wet lounges featuring a steam room and Jacuzzi[®], and a tranquility lounge with zero gravity wave loungers.



FACIAL THERAPIES

DELUXE VITAL YOUTH GLOW 80 mins

A powerful blend of medical-grade ingredients are combined with the HydraFacial machine to give skin immediate radiance, boost collagen, improve fine lines and wrinkles, correct sun damage, and deliver intense hydration for firmer, brighter skin.

HYDRAFACIAL® 50 mins

This results-oriented, machine-assisted facial uses breakthrough aesthetic technology to remove dead skin and impurities, giving skin immediate new life.

GOLD MINERAL FACIAL 80 mins

For an instant lift, this facial employs rose quartz massage, Hungarian Moor Mud, and colloidal gold to lift and brighten.

CBD ANTI-AGING FACIAL 50 mins

This Certified Vegan service uses a blend of anti-aging Korean herbs infused with full spectrum hemp oil and essential oils to hydrate, firm and promote an even skin complexion. CBD oil works with your body's endocannabinoid system, maximizing your skin's full potential to grow new cells and discard old ones.

LUMINESCENT MARINE FACIAL 50 mins

A gentle alpha beta peel and a hyaluronic marine modeling mask deliver intense hydration to skin, improving the appearance of dry surface lines and pores and revealing firmer, more radiant skin.

GENTLEMEN'S ORGANIC FACE TREATMENT 50 mins

Designed by men for the unique needs of men's skin, this treatment is custom tailored to your specific skin concerns.

ILLUMINATING MINERAL FACIAL 50 mins

Using products enriched with minerals from the healing waters of Budapest, skin is left plumped and brightened.

NUFACE MINI FACELIFT ADD-IN

Uses the NuFace device to deliver powerful micro-current technology to skin, visibly firming and tightening. May be added to any 50 minute or greater facial service. Cannot be booked à la carte.

BRIGHTENING PEEL ADD-IN

Combines natural alpha beta hydroxyl acids in a remarkably effective peel, gentle enough for all skin types. May be added to any 50 minute or greater facial service. Cannot be booked à la carte.

REVIVING EYE ADD-IN

Includes LED light therapy for fine lines around eyes and a specialty eye mask to help reduce puffiness and dark circles. May be added to any 50 minute or greater facial service. Cannot be booked à la carte.



HIMALAYAN SALT THERAPY

Salt therapy, also called Halotherapy, is a natural therapy that has been practiced for over 100 years. It involves relaxing in a specialized room filled with dry salt particles to help cleanse the airways and skin, as well as aid recovery and general well-being.



HIMALAYAN SALT THERAPIES

Relax and take in the salt air inside our Himalayan Salt Therapy room. Inhaling the fine salt particles, which act like an expectorant, speeds mucus clearance and helps to improve respiratory function, while simultaneously eliminating bacteria and soothing the lungs.

With 30 or 60 minute sessions to choose from, you can relax in a cozy recliner and breathe in the salt particles. Or choose to pair your Salt Therapy session with a Himalayan Salt Stone Massage for the ultimate salt spa experience.

HIMALAYAN SALT THERAPY ROOM 30 mins/60 mins

HIMALAYAN SALT STONE MASSAGE 50 mins/80 mins

Warm Himalayan Salt Stones ground and balance the body's electromagnetic field, nervous system and meridians to melt away stress.

HIMALAYAN SALT PACKAGES

HIMALAYAN SALT ESCAPE 80 mins

Enjoy a 50 minute Himalayan Salt Stone Massage and a 30 minute Himalayan Salt Room Therapy Session

HIMALAYAN HEALING INDULGENCE 140 mins

Rejuvenate with a soothing 80 minute Himalayan Salt Stone Massage and a 60 minute Himalayan Salt Therapy Session



LOCAL INGREDIENTS

What makes each Waldorf Astoria Spa truly unique is the way that we introduce local ingredients to your Spa experience – fruits, plants and minerals – many with a traditional history of soothing or healing properties to refresh and rejuvenate.

For thousands of years, aesthetically inclined societies have sought the powerful antioxidants and antibacterial properties of raw honey to promote anti-aging and a beautiful complexion. Here at the Waldorf Astoria Spa, the moisturizing wonders of locally crafted honey are infused into our unique skin treatments, products, and personalized therapies to give you the look of natural radiance and a healthy glow.



MASSAGE THERAPIES

CBD MASSAGE 50 mins/80 mins

This massage uses full spectrum CBD hemp oil infused with a blend of ancient Korean herbs to nurture, ease muscle and joint aches, reduce inflammation, and soothe irritated skin.

HONEY BUTTER MASSAGE 50 mins/80 mins

A luxurious shea butter bar blended with honey is used in this relaxing service to hydrate, protect, and heal the skin. Enjoy the remainder of your honey butter bar to take home after the service.

HIMALAYAN SALT STONE MASSAGE 50 mins/80 mins

Warm Himalayan Salt Stones ground and balance the body's electromagnetic field, nervous system and meridians to melt away stress.

SWEET SLUMBER TRANQUILITY MASSAGE 50 mins/80 mins

Using rest-inducing botanicals, including lavender, vetiver, and clary sage, this massage promotes a restful night's sleep.

SILK STONE CARESS MASSAGE 50 mins/80 mins

Massage using hot basalt stones to promote relaxation and improve circulation.

ULTIMATE AROMATHERAPY MASSAGE 50 mins/80 mins

Incorporate a personalized aromatherapy selection in this massage with customized pressure.

PRENATAL MASSAGE 50 mins/80 mins

Designed for mothers in their 2nd & 3rd trimesters, this massage focuses on alleviating discomfort experienced during pregnancy.

CUSTOMIZED MASSAGE 50 mins/80 mins

Enjoy a massage tailored to your specific needs and pressure preference. Utilizing an unscented oil, this massage can be either Swedish or deep tissue techniques and is personalized to your preferred areas of concern.

REFLEXOLOGY 50 mins

Using specific pressure points on the foot, this massage relieves pain and improves circulation.

COUPLES MASSAGE 50 mins/80 mins

Share in the bliss of a personalized couples massage experience.

SIBERIAN GINSENG SCALP SCRUB ADD-IN

This invigorating scalp scrub can be added to any massage.

This scrub does not add any additional time to your treatment.

BODY THERAPIES

DEAD SEA RITUAL

110 mins

Have the best of both worlds! This service includes an aromatherapy massage, Dead Sea Salt Scrub, nourishing foot mask, and a Siberian Ginseng Scalp treatment.

HUNGARIAN BODY WRAP

80 mins

Let your body soak up the mineral-rich Hungarian Moor Mud in this scrub and wrap treatment.

HONEY CALENDULA BODY BUFF & WRAP

80 mins

Enjoy an exfoliation with honey calendula buffing grains, followed by a hydrating Tupelo Honey body mask to brighten the skin. Finish with an application of moisturizing honey shea butter cream.

GOLDEN BODY TREATMENT

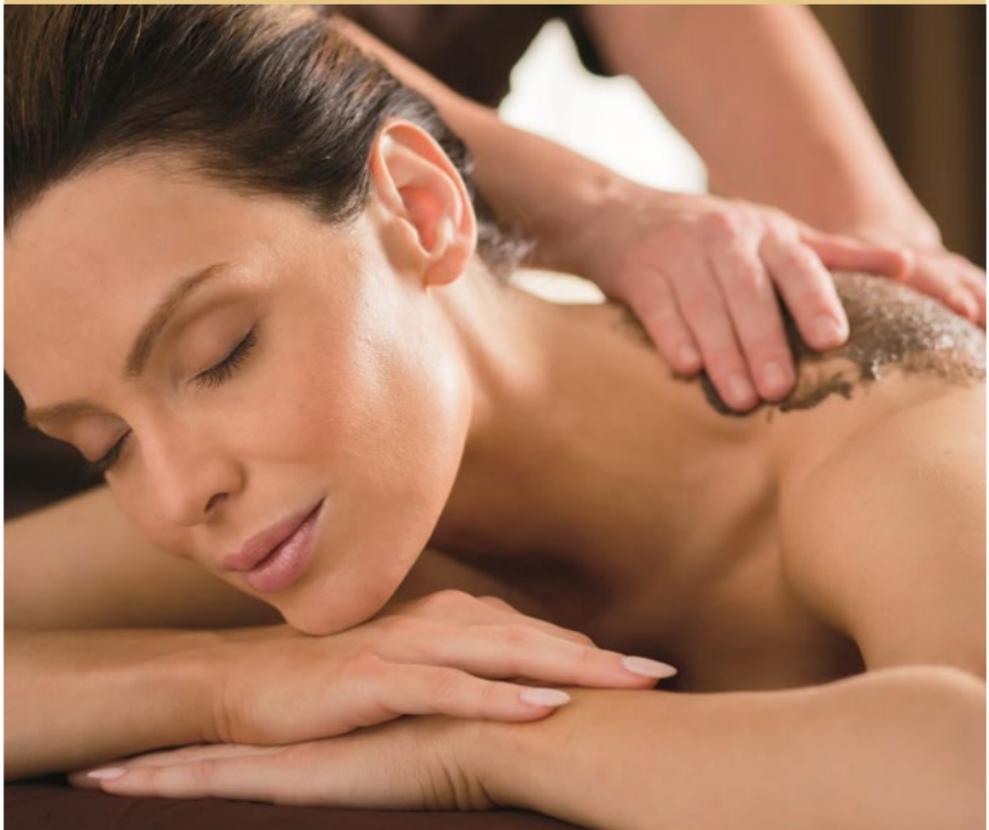
50 mins

A gold sugar scrub followed by a fragrant oil application enriched with gold to repair and strengthen the skin. This is the perfect treatment to give you dazzling skin for a special occasion.

ROSE HYDRATOR

50 mins

Using rose to improve circulation, this treatment combines a scrub and wrap for the ultimate in healing and hydration.



HAND & FOOT THERAPIES

Our nail services are designed for natural nails. We regret that we cannot accommodate services for those with Acrylic or Gel nails. Shellac or chip-resistant polish can be removed and re-applied if desired. Please note that removal of existing gel polish is an additional fee.

WALDORF ASTORIA MANICURE 80 mins

Give your hands the finest in pampering. This service includes a soak, cuticle treatment, organic hand and nail buttercream scrub, paraffin treatment, hand and forearm massage using organic nourishing buttercream and polish application in your perfect shade.

WALDORF ASTORIA PEDICURE 80 mins

Soothe your feet with the ultimate pedicure. This service includes an aromatherapy soak, cuticle treatment, organic buttercream scrub, paraffin treatment, foot and lower leg massage using organic nourishing body buttercream and a polish application in your perfect shade.

QUEEN BEE MANICURE-OR-PEDICURE 50 mins each

Enjoy the benefits of honey in this relaxing manicure or pedicure which includes a soak, cuticle treatment, honey scrub, callus removal, mask and massage using honey butter. Finish with a polish application in your perfect shade.

GEL MANICURE 50 mins

Using CND gel polish, this gel manicure includes a soak, scrub, massage and gel polish application. Perfect for special events or those on-the-go, this polish is dry upon completion of the service and offers long-lasting wear.

EXPRESS MANICURE-OR-PEDICURE 25 mins each

This express service is perfect for those on a tight schedule. It includes cuticle treatment, lotion application, shape of the nail and polish application.

GENTLEMEN'S MANICURE-OR-PEDICURE 50 mins each

Manicure or pedicure treatments tailored especially for men.

SOAK OFF GEL-OR-CHIP RESISTANT POLISH 30 mins

Already have a shellac or gel polish on your hands or toes? We can remove it for you prior to your manicure or pedicure with us. Cannot be booked à la carte.

PARAFFIN APPLICATION TO HANDS OR FEET ADD-IN

FRENCH MANICURE OR PEDICURE ADD-IN

SALON SERVICES

Waldorf Astoria Salon offers a full array of color, cuts, styles and hair treatments.

Short hair is defined as anything above the shoulders. Long hair is defined as anything touching or below the shoulders. All services are à la carte.

DEAD SEA MINERAL MUD HAIR & SCALP TREATMENT 50 mins

Using mineral-rich mud from the Dead Sea, this treatment softens, nourishes and restores brilliance while repairing damaged hair.

REVITALIZING SCALP TREATMENT 30 additional mins

Reinvigorate your hair and scalp with a Siberian ginseng scrub, which can be added to any cut, color, highlights or shampoo & blow dry. We regret this cannot be added to a special occasion style.

ADDITIONAL HAIR SERVICES:

- Men's Cut
- Women's Cut - Short (above shoulder)
- Women's Cut - Long (touching or below shoulder)
- Shampoo & Blow Dry - Short (above shoulder)
- Shampoo & Blow Dry - Long (touching or below shoulder)
- Special Occasion Style (updo, curls, buns, twists, braids)
- Color
- Full Highlights
- Partial Highlights
- Keratin Treatment

MAKEUP APPLICATION 50 mins

Allow our expert hands to achieve the look you desire for any occasion. Full application includes full face, eye and lip applications. While each person's desired look is different, this may include concealer, foundation, powder, blush, bronzer, highlighter, eye shadow, eye liner, mascara, lip liner, lipstick or gloss.

MAKEUP TOUCH-UP 25 mins

Perfect for a refresher on your existing makeup, this service includes a touch up to eyes and lips. This may include eye shadow, eye liner, mascara, lipstick or lip gloss.

BRIDAL MAKEUP CONSULTATION 50 mins

BRIDAL MAKEUP APPLICATION 50 mins

SPA INFORMATION

HOURS

Monday – Thursday, 10am - 6pm

Friday – Saturday, 9am – 8pm

Sunday, 9am – 6pm

SPA FACILITIES

Our Spa features individual ladies' and gentlemen's lounges complete with locker area, plush robes, comfortable slippers, rainfall showers, whirlpool, experiential shower and tea lounge. We also offer a co-ed Tranquility Lounge for shared relaxation featuring six zero-gravity wave loungers and a relaxation space. Use of the facilities is complimentary with any scheduled spa treatment.

AGE POLICY

To protect the tranquil nature of the spa and its environment, guests under the age of 13 are not permitted to use the spa facilities. This includes the whirlpool, steam room, Tranquility Lounge, Salt room, and locker facilities. Younger guests between 13 and 17 are welcome to enjoy a spa or salon service when accompanied by an adult in the treatment room or checked in by a guardian at the salon. Guests between 13 and 17 may use the spa facilities only when accompanied by an adult and only when receiving treatments as a guest of the spa. Please be advised ladies' and men's locker rooms are clothing optional.

ARRIVAL POLICY

We kindly request that you check in at the spa reception desk a minimum of 15 minutes prior to the start of your scheduled treatment. Our treatments begin promptly as scheduled. When possible, we will accommodate late arrivals. However, if we are unable to accommodate a late arrival, your treatment time may be shortened at the full service price.

RESERVATIONS & CANCELLATIONS

Booking your spa reservations in advance is recommended. Please call the Waldorf Astoria Spa directly at 407-597-5360. As a courtesy to other spa guests and our therapists, we strictly adhere to the spa cancellation policy. If you must change or cancel an appointment, please advise six (6) hours in advance to avoid being charged 100% of the scheduled service cost.

CELL PHONE RESTRICTIONS

To respect the privacy of our guests and maintain the sanctuary of our spa, we request that guests refrain from using cell phones in the locker rooms, wet areas, tea lounge and Tranquility Lounge. As our lounges are clothing optional, video and photography are prohibited to protect guest privacy.

VALET PARKING

Spa guests not staying on the hotel property receive complimentary valet parking on the day of their service. Please advise reservations at the time of booking.

SERVICE CHARGE

A 21% service charge will be added to all services for your convenience. This goes as a gratuity for your providers.



AUTHENTIC MOMENTS

The Waldorf Astoria Spa provides authentic moments of personalized transformation created through a balance of luxurious treatments and customized service. We modify our therapies to enhance your unique skin tones, providing you with a more rewarding and individualized experience.





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Spa Reservations: 407.597.5360
WaldorfAstoriaOrlando.com/Spa